

Cursillo 101

What is Cursillo?

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What is Cursillo of Christianity?

- **Cursillo means “short course”. The 3-Day Cursillo Weekend is a short course on the fundamentals/basics of Christianity. The remaining days of each year is dedicated to forming the leaders and attracting in friendship the “faraways” to Christ through the Postcursillo and the Precursillo.**

Essence of the Cursillo

- **The essence of Christianity is the essence of the Cursillo.**
- **First, the God of Love gave us life, sent His only Son Jesus to save us, continues to love and forgive us. Everything good comes from God, and God wants us to be with Him on earth and in heaven.**
- **When the Lord Jesus was asked what the primary commandment was, He said: “Love God with all your heart, soul, mind, and strength, and love one another as yourself...as I have loved you.”**
- **That is the essence of Christianity, the essence of the Cursillo Movement.**

Immediate Purpose of the Cursillo Movement

- **The Immediate Purpose:** To provide a foundation, so that **Cursillistas** may live what is fundamental to being a **Christian**, which is loving **God**, oneself, and others.
- **Our guide** is the teaching and example of the **Lord Jesus**, written in the **Gospels and Holy Scriptures**, and reflected in the teachings of the **Catholic Church**.

7 Fruits of the Holy Spirit of God

- **Forming our Cursillista leaders in the fundamentals of Christianity can be done by learning the 7 Fruits of the Holy Spirit of God:**
- **1. Wisdom**
- **2. Understanding**
- **3. Knowledge**
- **4. Counsel**
- **5. Fortitude/Courage**
- **6. Piety/Love of the Lord**
- **7. Fear/Awe and Respect of the Lord**

Fruits of the Holy Spirit of God

- **The Holy Spirit of the Lord forms us to produce the fruits of the Holy Spirit:**
- **1. Love/Charity**
- **2. Joy**
- **3. Peace**
- **4. Patience**
- **5. Kindness**
- **6. Goodness**
- **7. Generosity**
- **8. Gentleness**
- **9. Faithfulness**
- **10. Modesty**
- **11. Self-control**
- **12. Chastity**

7 Mortal or Deadly Sins

- **1. PRIDE versus Humility, Love**
- **2. GREED versus Love, Charity, Generosity**
- **3. LUST versus Love, Chastity**
- **4. ENVY versus Love, Humility, Friendship**
- **5. GLUTTONY versus Love, Generosity, Truth/Science, Fasting**
- **6. WRATH (worldly anger) versus Love, Forgiveness, Mercy**
- **7. SLOTH (lukewarmness) versus Love, Service, Sacrifice, Use of Talents**

Ultimate Purpose of the Cursillo

- **To “vertebrate” provide spine or strong leadership in each person in the environment, especially the “faraway,” one distant from Christ, distant from others, distant from the Church.**
- **Be a living witness, another Christ, in the world—loving, serving, giving and forgiving, teaching, forming others in the family, among friends, at the workplace, among those we interact with frequently.**
- **Pray for a friend, Be a friend, bring a friend to Christ. Invite persons who are leaders in their environment to the 3-Day Cursillo Weekend, and walk with them as pilgrims in our journey to Christ through Piety, Study, and Apostolic Action, using Cursillo methods.**

Spain in 1944, US in 2023

- **Eduardo Bonin, Cursillo founder, and other Cursillo leaders questioned why Spanish Catholics would kill each other, resulting in hundreds of thousands of priests, nuns, and laypersons, killed during the 1933 to 1936 Spanish Civil War and WW2 (1939-1946).**
- **The Cursillo founders determined that the prayerful devotions, numerous Catholic organizations, and the Church practices then were not enough for people to love one another as Jesus wanted. The people were divided among various political concepts and ideological factions that resulted in hatred and death. Cursillistas realized that a closer embrace of the Love of Abba Father, Christ, and the Holy Spirit, can help bring about love, peace, and joy to the people. The love of God and one another is the answer, much needed now in the United States.**